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PICKENS, SOUTH CAROLINA, THURSDAY. JUNE. 13 1907

NO. 3.

Health and Complexion, Strength and Beauty

Depend Upon Clean Blood and

Good Digestion.

Mrs. Daniel Passmore, Welland, Ontario, Can., writes:

"For three years I was severely afflicted with stom-

ach trouble, and for days at a time I could not eat any-

thing. I grew thin in flesh, had headaches and was the

"I was attended by three doctors, but got no good

"Finally I began the use of Peruna. I soon noticed

an improvement and after using three bottles, I was

"To-day I feel well and strong. I consider that Peruna has saved my life and I shall always praise it."

able to relish a meal, in fact, could eat anything.

picture of despair.

A Terrifying Wig.

One day many years ago while Captain Arthur Cunningham of the Brit-Ish army was stationed in Nankin, China, a friend of his stepped into a barber's shop, and by way of employing his time he desired the barber to shave his head. This gentleman wore a wig, but which, for the sake of coolness, he had placed in his pocket. This operation of shaving, so common in China, was speedily and quickly executed, the barber seeming to be delighted with the honor of shaving one of the illustrious strangers. Previous to his leaving the shop and while the man's attention was called in some other direction my friend replaced his wig upon his head, little thinking of the result of this simple process. No sooner, however, had the barber turned around and observed him whom he had so lately cleared of every vestige of hair suddenly covered with a most luxuriant growth, than, taking one steady gaze at him to make sure he was not deceived, he let fall the razor, cleared his counter at a bound and, running madly through the crowd, which was speedily collected, cried out that he was visited by the devil. — London

Petrarch.

Petrarch lived seventy years. The famous sonnets to Laura, the only productions by which the poet is now remembered, were all written within a period of twenty years, during which time the intimacy continued. Petrarch had been writing sonnets to Laura for about sixteen years when the lady fancied she discovered symptoms of a not unnatural weariness and plaintively asked, "Are you tired so soon?"

Dangerous Diving.

Drowning is a quicker death than most people suppose. Insensibility is said to begin in about one minute, and fatal unconsciousness generally supervenes in the neighborhood of two minutes. Few even practiced divers can remain under water more than a minute and a half, and it is generally fatal to remain beneath the surface longer than that. At Navarino, where there are many expert divers, who plunge into the sea after sponges, not one was found who could remain under water for two minutes. In the Red sea the Arab divers generally remain down one and a quarter minutes, while at Ceylon the pearl fishers can seldom stay below for even a minute. There is a case on record at Falmouth where a diver had descended eighty feet and on giving the signal was drawn up slowly. It was two minutes before he reached the surface. Blood ran from his ears and nose, and he was insensi-He died without speaking. Insensibility, however, does not always involve death, for in many cases a person may be resuscitated by the use of energetic measures.—London Saturday

The Birds Didn't Come Back.

A century ago a patriotic Scot, Sir John Sinclair, tried to establish the in thingale in Scotland. He commisslolled a London dealer to purchase nightingales' eggs at the liberal price of a shilling each. These were well packed in wool and sent to Scotland by mail coach. A number of trustworthy men had previously been engaged to take especial care of all robins' nests in places where the eggs could be hatched in safety. The robins' eggs were removed and replaced by those of the nightingale, which were hatched and reared by their foster mothers. The young nightingales, when they were full fledged, seemed perfectly at home near the places where they first saw the light, and in September, the usual period of migration, they departed. But the nightingales never returned to Scotland?

What Is a Drop?

In medicine a drop is a "gutta," or a "minim." The words mean the samethat is, one-sixteenth of a fluid dram. This is the official table: Sixty minims (guttae or drops) make one fluid dram. eight fluid drams make one fluid ounce. sixteen fluid ounces make one pint, two pints make one quart, four quarts ake one gallon. Forty-five drops of iter, or a common teaspoonful, make out one fluid dram, two tablespoonfuls ut one fluid ounce; a wineglassful bout one and one-half fluid ounces, a teacupful is about four fluid es. But, my brethren in suffering, many different sizes of teaspoons, spoons, wineglasses and teacups ere in this world of ease? And drops, no two liquids if dropped bottle in the old fashioned way ng the end of the finger over the will drop drops of the same ew York Press.

Worry and fret are fatal to the integrity of nerve and brain. Fear can sting like a scorpion and torment like a scourge.-Success.

Oriental Politeness.

To look at a high Chinese official through glasses is to be wanting in proper respect, and the man who is forced to wear glasses all the time should be careful to explain, or he may give offense. To make a social call in China in a sedan chair with short handles creates something of the sensation that would be created in America if one were to make a social call in a hearse, because a short handled sedan chair is employed at funerals to carry the spirit of the deceased. To send presents wrapped up in the wrong way or by the wrong kind of a messenger is to deprive them of their value to the recipient. To hold one's hand behind the back while talking to an oriental is to be discourteous. To walk rapidly is to class oneself with coolies. To inquire of a Moslem about the health of his wife is to offer an unpardonable insult. To count the children of a household in Africa is to bring bad luck upon them. To jump quickly out of a gharry in India is, in the estimation of an East Indian lady or gentleman, as undignified as for a lady in New York to Jump over a fence .-- Arthur Judson Brown in Outlook.

What's In a Name?

Perhaps you may have heard of the celebrated divine who could move a congregation to tears simply by repeat-ing the word "Mesopotamia." It was in the sound. Some words have individuality of their own. You cannot twist "Mesopotamia" to mean anything but a sleepy, sun-kissed land. You could not, for instance, endow those soft vowel sounds with the rugged quality of another unmistakable word, Saskatchewan!

Sas-katch-e-wan! Spoken as though it came always from the full ridged chest of a tall red man, thin in the flank, hard in the leg, spoken as though with the exhalation of lungs full of rugged northern air. What word in the glossary of rivers sur-passes this in the virility of its sheer sound? It reeks of kinnikinic and dried white fish and smoked breasts of wild geese and service berry and pemmican. You cannot avoid seeing dog sledges, or help hearing the honk of wildfowl, or refrain from noting the blown breath of men running in the cold, when you hear the mere name, wild, mysterious, of this river, one of the trails of the young men.—Emerson Hough in Outing Magazine

"The Scarlet Letter."

The old saying, "Every cloud has its silver lining," should often bring us comfort when the world appears to be frowning upon us. A rare example of this was shown by Hawthorne's wife, who proved herself to him a true "friend in need." One wintry day he had received notice that his services would no longer be required at his office. Weary and downcast, he returned to his humble home. His young wife stood waiting for him and noticed at once that something was He told her his troubles. Straightway the brave little woman with her own hands kindled a bright fire; fetched pen, ink and paper, which she set beside him; then, with a beaming face, she touched the sad man on the shoulder and said, "Now you can write your book." Immediately the cloud cleared, and things presented themselves to Hawthorne under a changed aspect. He felt a freed man; the office appeared as a cage from which he had escaped. "The Scarlet Letter" was written and proved a marvelous success, and fame rewarded Hawthorne and the brave little wife who had faced the cloud and found its silver lining."—"The Value of a Life."

Football In Shakespeare's Time. Did William Shakespeare ever look on at a game of football or join in one? asks the Herald of Stratford-on Avon. J. E. Vincent, the author of a book on Berkshire highways and byways, found at North Moreton in the register there an entry of a murder done by one "ould Gunter," says the Herald. "Ould Gunter," it seems, was a football player, or, at any rate, his sons were players, for they and some fellows named Gregories "fell together by the years (ears) at football. Ould Gunter drew his dagger and broke booth their heades, and they died booth within a fortnight after." Savage old man! There was bad blood over football even then. This murder was in Shakespeare's time, in 1598, and football must have been long played then. In later days Charles II. dismissed football "as meeter for laming than making able the players thereof.

BODY CLEANING EVERY SPRING MORE URGENT THAN HOUSE CLEANING.

Many Women Have Discovered That a Course of Treatment With Pe-ru-na Cleanses the System of the Accumulations of Winter.



MRS. ALICE BRADLEY.

Mrs. Alice Bradley, Thorold, Ont., Can., writes:

"Two years ago I became weak and rundown and as time passed I gradually failed until a year ago, when I experienced a stroke of paralysis, which affected one side and I was helpless.

"I called in professional medical treatment, but steadily grew worse.

"I had decided I never would rise again from my bed, but, when Peruna was brought to me and after having taken four bottles of it, I was able to be out and a wonder to myself and friends.

"I consider Peruna a great blessing to the afflicted. I may add that my daughter has also used Peruna and has been blessed with renewed health. I believe Peruna saved our lives."

Clean Up Once a Year.

LEANING up the body in the spring CLEANING up the body ... thinself. Face powders may hide a rough skin, but Peruna helps to produce a skin that need not be hidden.

The source of good blood is good di-

gestion. Peruna aids digestion.

Those people who have regular bodily functions have a clear and delicateskin. Peruna helps to restore these functions. Most skin deformities depend upon systemic derangements, which cannot

Peruna is a systemic remedy, reorgan-izing and regulating the whole body.

"it was real convenient for him,"

says a Billville exchange, "that when

the train ran over him and killed him

he was in the company of his uncle,

who is a lawyer; his brother, who is a

doctor, and his brother-in-law, the

town undertaker."-Atlanta Constitu-

A Famous Figurehead.

In 1834 Captain Elliot, who had been

second in command at Lake_Erle under

Oliver Perry, excited a violent political

and partisan demonstration by decorat-

ing at the Boston navy yard the bow

of the Constitution with a figurehead

of President Jackson. One stormy

night his excellency was decapitated

as neatly and deftly as if the best

tools had with patient labor enlisted

the brightest sunshine in the desecra-

held under dark suspicion, and the

country seethed in a ferment of keen

contention. Rewards were offered, but

in vain, and for years the secret was

well kept. It is said that a seaman

was the culprit, not for any political

motive, but because of a cherished an-

tipathy to the full length image of a

landlubber at the bow while three fine

Hickory defled the breezes and the

brine.

Marines and bluejackets were

be corrected by local treatments.

Mrs. N. P. Lawler, 4231/N. Broadway,

Pittsburg, Kas., writes:

"Last spring I caught a severe cold which developed into a serious case of catarrh. I felt weak and sick and could neither eat nor sleep well.

"A member of our club, who had been cured of catarrh through the use of Peruna, advised me to try it and I did so at once.

"I expected help, but nothing like the wenderful change for the better 1 ob-served almost as soon as I started tak-

ing it.
"In three days I felt much better, and within a week I was well.
"I continued taking the entire bottle

There are eight "primary" or "major" planets, Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus and Neptune, and several hundred minor planets, discovered since 1801. It is certain

that one planet, Jupiter, was known to

the ancients. Whether they knew of

Worse Than Before.

others is not deterinined.

A man with that peculiarly agonizing expression which indicates corns came bounding through the gates at the Broad street station not long ago and caught the rear platform of the through express for the south just as it began to gather headway. He limped into the car and dropped into a seat.

"Oh, Lord!" he groaned, and commenced tugging at a shoe. "You'll have to excuse me," he continued to the rightful occupant of that particular section, "but I've just got to get these tight shoes off. I just had time to rush into a store on my way to the station and get another pair-didn't have time to try them on, but I wear only sevens, and I told the clerk I wanted tens. I wanted to make sure they would be sailors were compelled, with inade- large enough."

quate busts, to smile grimly at the, By this time two glaring white socks stern. However, another head was sewere exposed to view. With a sigh of cured to the trunk with copper bolts relief the man hurled the despised so tremendous that for many years age tight shoes out of the car window and could not wither it nor custom stale reached for the box containing the new the unshaken fortitude with which Old, ones.

"Great Scott!" he gasped as he viewed his purchase. "That idlot has given me tens, children's size!"—Philadelphia and within two weeks I was in fine

"Peruna is a wonderful medicine." Mr. Lee King, R. F. D. No. 4, Farmers. ville, Tex., writes.

"My health has been better generally this spring and summer than it has been for four years and I have worked nearly every day.

"I suffered with dysentery and bowel trouble.

"Your remedy also cured my wife of constinution.

"I wish you continued success with

your great medicine, Peruna."

Marvelous Memories.

There have been many men with marvelous memories. Themistocles could call by name every one of the 20,000 citizens of Athens. A London schoolteacher by the name of Dawson on a wager of \$1,000 repeated offhand every word of Spenser's "Fairle Queene," a work of 4,000 stanzas of nine lines each. Porson could repeat "Paradise Lost" backward. It is said that Macaulay never forgot anything that he ever read or heard. John Fiske knew the position of almost every book in the Harvard library as well as the contents of the same.

One Way to Trap a Bear.

The ways of trapping bear are numerous, but there is one old fashioned way that amuses many. It is the system of getting a molasses barrel and driving spikes around through the outside near the open end with the points of the spikes protruding downward toward the bottom on the inside. A bear will force his head into the barrel in the center of the circular row of spikes and eat all the molasses he can find, but when he comes to pull his head out the points of the spikes catch in the fur and skin of the neck and head and he cannot get rid of it. The barrel prevents his seeing. He is helpless and sure to get rattled as soon as the situation dawns upon him.—Duluth News-Tribune.

French Guiana has the most violent thunderstorms in the world. The thunder is almost deafening, and the peals come in quick succession.